

# I am ABMP.

Nina Howard, Ann Arbor, Michigan. Member since 1994.

**BACKGROUND:** I was an interior designer when an auto accident put me on a path of healing using meditation, massage, esthetics, and alternative health.

**PERSPECTIVE:** Massage therapy does so much to support the whole body. And esthetics is all about positive self-image. Not surprisingly, the luxurious Belavi Facelift Massage has become my signature treatment.

**BUSINESS GROWTH:** As owner of Bellanina Spa and Institute, I continually go back and look at the business plan to make sure I'm on track. We're building the foundation to franchise our spa in the near future.

**ABMP AND ME:** As a longtime member, I'm learning constantly from the articles in *Massage & Bodywork*. And I love ABMP's productive tools. They help me keep a pulse on the industry and enable me to connect with other massage therapists.

**LAST WORD:** Creating a healing environment for clients and students gives me lots of satisfaction. I love helping fellow practitioners be all they can be in our industry.

